



## **Mater Dei High School Girls' Volleyball 2025 Season**

### **Mission Statement**

The Mater Dei Girl's Volleyball Program will positively influence the player's mind, body, and soul. Through a process oriented approach, players will be taught valuable life skills such as respect, hard work, commitment, and integrity. Players will develop mentally, physically, emotionally, and spiritually to help prepare them for life after athletics.

### **General Information**

#### **Important Dates and Deadlines**

Player/Parent Meeting	August 5
eTeamSponsor Contacts Due	August 8
Tesoro Tournament - FS	August 9
First Game – All Levels (v San Clemente)	August 12
Electronic Display Deadline	August 15
School Begins	August 18
Team Fees Due	August 22
Picture Day (All teams)	August 22
Tesoro Tournament – JV	August 23
Nike TOC Southeast - Varsity	August 29-30
Dave Mohs Tournament – JV	September 13
Fall Sports Mass	September 17
Durango Classic – Las Vegas, NV	September 18-20
Dave Mohs Tournament – FS/Fr	September 20
Portola Tournament – Freshman	September 27
Lakewood Tournament – JV	October 4
Nike Tournament of Champions - Phoenix	October 4-6
Senior Night v Orange Lutheran	October 7
Lakewood Tournament – FS/Freshman	October 11
Varsity Service Project	Date TBD
Banquet	November 20

#### **Parents Volunteers**

In order to fully realize the potential for an outstanding Girls' Volleyball Program at Mater Dei, Coach O'Dell believes that parental support and participation is not just expected, but mandatory. Everyone has talents and skills that can be contributed, and so everyone is required to do so. There are many ways to help out, just make sure to make yourself available to your respective Team Mom and be ready to offer help whenever they need a hand.

## **2025 Team Fees**

Team fees for 2025 are \$1550 for Varsity and \$1250 for the lower level teams. Fees are due by Friday of the 2<sup>nd</sup> week of season, August 22. Fees will be collected through Active. You can find the link through the Mater Dei Girls Volleyball Web Site. There are two options in Active. You can pay in full with one lump payment. Or you can do a payment plan over three separate payments. The payments are spaced out over 2-week intervals, with payments on August 22<sup>nd</sup>, September 5<sup>th</sup>, and September 19<sup>th</sup>. If help is needed to pay for a player's fees, please see the "Sponsorships" section below.

## **Electronic Sponsorships**

Electronic sponsors provide financial support for the Mater Dei Girls' Volleyball program and for the player. Electronic sponsorships may be purchased by a player's family, or sold to friends, neighbors and businesses to help pay for some of the players team fees for 2025. Electronic Sponsorships are \$500, with 80% of that money going towards the players fees. Displays are featured on a continuously rotating basis at approximately 8 second intervals on outstanding digital panels on the floor level scorers pro-table (two 9' panels) and on two 18' x 14' big screen video scoreboards during home matches. Please see the volleyball web site for more information.

## **Picture Day**

All teams will have their pictures on August 22<sup>nd</sup> at 2:45pm in the MAC. Please bring picture forms if you want to purchase individual shots. Ray Flores, [appleinorange@earthlink.net](mailto:appleinorange@earthlink.net), from Apple Photography will be taking the pictures and can help answer any questions.

## **Las Vegas/Phoenix Trip (Varsity Only)**

The Varsity squad will be traveling to Las Vegas (9/18-9/20) to compete in the Durango Classic. The team will also drive to Phoenix (9/25-9/27). The cost is expected to be \$500 per player. This fee will be collected at the end of September.

## **Snack Bar/Pregame Meals**

There is no Snack Bar for our MD games. However, all teams are asked to organize pregame meals for their respective match for all Away matches. Most teams will do Home matches as well. Your Team Parent will be responsible for organizing this amongst your team. Two families will be assigned to each match and they should provide enough food for all the players and the coaches of that team. Teams will eat after their match unless they are the final match of the evening then they will eat immediately after school.

## **Admissions Table**

Parents will be assigned to work the admissions table at home games. Parents are not assigned to work during a game in which their daughter's team is playing; however they will be responsible for trading their shift with another parent if they cannot make their assigned time slot. Parents working the first match of the day should plan to arrive 30 minutes prior to the start (should arrive no later than 3pm for first game assignments).

## **eTeamSponsor**

This is one of our major fundraising tools that we will be using for a 6th season this year. Players will be required to submit 15 email of relatives or friends that may be interested in donating to the program. We will hand out the forms On Tuesday 8/5 and players will import the contacts on Friday, 8/8 at 10am. I am offering an OPT OUT payment of \$1,000 this year if a family wants to donate instead of providing the 15 emails. Please contact Coach O'Dell if you are choosing the opt out option. PLEASE NOTE: eTeam donations are part of a fundraising effort by the program. They do not offset a players participation fees.

## **Parent Social**

There will not be a parent social this year. I encourage each team to organize a team bonding event for their groups to get together and get to know one another.

## **Practice/Weights Schedule**

Once school begins, the normal practice times will be as follows. Varsity will go after school until 5pm. FS/Fr will practice from 4-6pm. JV team will practice from 5-7pm. On Fridays, we will shorten practices to 1.5 hours to make sure no one is going past 6pm. Varsity/JV will lift during their Athletic Block and FS/Freshman will lift after school.

## **Player Expectations**

### **Conduct**

First, it is important to remember that we must be the image bearer's of Christ. With this in mind, we must choose to live by a higher standard. Athletics is often on a stage for the public. Therefore, it is essential to live by the Golden Rule. We must always treat others the way we would like to be treated. Honesty, respect, and kindness are required at all times. Understanding how to be a competitor, a good sport, and a reflector of Christ can be a difficult task. But we will always strive to be the role model's that Christ has taught us to be.

- Have fun, work hard, and enjoy the journey.
- Show respect for every person you have contact with in the organization.
- Put the team first. Successful teams have teammates that are unselfish and willing to put their individual goals behind the team's goals.
- Do your job. It is defined, but you must always be prepared for it to change (especially if you're a player).
- Appropriately handle victory and defeat, adulation and humiliation. Do not get too high in victory or too low in defeat. Be the same person every day.
- Understand that all organizational decisions aim to make the team better, stronger, and more efficient.
- Have a positive attitude. Use positive language (both verbal and body language).

### **Rules**

- Expected to share responsibilities throughout season (refing games, setting up nets, getting water, etc.)
- Wear Mater Dei gear to every practice (no club shirts), Nike products for every match
- Ride on bus to and from away games
- Be on time to practice, weights, bus, everywhere; or notify your coach if you are running late
- No cell phones during practice

### **Mater Dei Lines of Communication (School Policy)**

Parents who have questions or concerns not relating to playing time or coaching strategy are to follow these procedures:

1. Contact the player's Coach.
2. If there are further questions, contact the volleyball program director, Dan O'Dell.
3. If there are further questions, speak with the Athletics Administrator.
4. If there are further questions, speak with the Assistant Principal/Student Services.
5. Parents/Students then have the option to appeal to the Principal, whose decision, in consultation with the President, is final at the school site.

Any calls or inquiries made directly to Administrators will be referred back through this MDHS communication system, unless issues of legality or morality are involved.

Any issues involving playing time, areas of improvement, and volleyball specific inquiries, the player should seek out the coach for advice and guidance.

### **2025 Coaching Staff**

Varsity Head Coach:	Dan O'Dell
Varsity Assistant Coach:	Crystal Chitwood
Varsity Assistant Coach:	Darren Ong
JV Head Coach:	Ashley Maldonado
Frosh/Soph Head Coach:	Jacqui Peck
Freshman Head Coach:	Taylor Packer
Floater Coach:	Dianna Nguyen