



# Matanzas High School

## Athletic Physical Check Sheet 2025-2026



Complete student-athlete profile registration at:

[www.AthleticClearance.com](http://www.AthleticClearance.com)

- o Sign all digital forms in the Athletic Clearance platform *(no need to print out and sign)*:
  - EL3 – Consent and Release from Liability Certificate
  - EL3 – Consent and Release from Liability Certificate for Concussions
  - EL3 – Consent and Release from Liability Certificate for Sudden Cardiac Arrest & Heat-Related Illness
  - EL3 -FHSAA Established Rules and Eligibility
  - Statement of Consent
  - Athletic Code of Conduct
  - Athletic Handbook
  - Matanzas High School Student-Athlete Contract
  - Annual Sports Activity Participation Form
  - Concussion Baseline Form (Advent Health)
  - 'Return to Play' Form
  - Notification of Payment of Fines & Game Suspension Form
  - Flagler Schools Insurance Notification Form



### **EL2- FHSAA Physical Form** (02/25)

- o Athletic physical completed and signed by a doctor.
- o Upload scanned or photo file of **\*PAGE 4 ONLY\*** to Athletic Clearance profile under 'FILES' tab. Pages 1-3 of the EL2 form are to be kept on file with each family and/or medical provider.
  - **\*Student-Athlete & parent signature required on the bottom of page 4\***
- o If the doctor refers the student for additional evaluation, families must upload the 'PREPARTICIPATION PHYSICAL EVALUATION – SUPPLEMENT' form in addition to page 4 of the EL2.



### **ECG FORM** (03/25)

- o Students must have one (1) cleared ECG heart screening completed which will count for all four years in high school.
- o The ECG form and cleared documentation will be uploaded to the ECG tab on your clearance each year.

## **NFHS Videos**

- o Students must watch the following free videos, then upload their completion certificate to the Athletic Clearance Profile:
  - Concussion
  - Heat Related Illness
  - Sudden Cardiac Arrest
  - Sportmanship
- o Visit [NFHSLearn.com](https://www.nfhslearn.com) to access the free courses.



## **ATHLETIC CLEARANCE – Online Portal Registration**

1. Visit [AthleticClearance.com](https://AthleticClearance.com)
2. Select Florida
3. **First Time Users:**
  - Create an Account. PARENTS/GUARDIANS will register with a valid email username and password.
4. **Returning Users:**
  - Enter login information and click “Sign In”
5. Sign In using your email address that you registered with.
6. Select “Start Clearance Here” to start the process.
7. Choose:
  - School Year in which the student plans to participate. Example: Football in August 2025 would be the 2025-2026 School Year.
  - Select Matanzas HIGH SCHOOL as the school your student attends and will compete.
  - Sport/s (We recommend that if the student will be participating in multiple sports, that those sports are added all at once).
8. Complete all required fields for Student Information, Parent/Guardian Information, Medical History, Signature Forms and upload a File if applicable.

- (If you have gone through the Athletic Clearance process before, you will select the Student and Parent/Guardian from the dropdown menu on those pages and the information will autofill)

9. Once you reach the 'Confirmation Message' you have completed the online registration process.

10. **The student-athlete is not 'Cleared' yet!** This data will be electronically filed with your school's athletic department for review. When the student has been cleared for participation, an email notification will be sent. Please allow for 1-2 business days for review of the students profile.

*Questions? Use the yellow Help option on the bottom right of the screen and submit a ticket.*

### **Online Athletic Clearance FAQ:**

#### **What is my Username?**

- Your username is the email address that you registered with.

#### **How do I register for multiple Sports?**

- If you know you are going to play multiple sports when registering, it is best to add all sports on the first step where you also select the school year and school. If you are registering for additional sports after completing your initial clearance for the year, you will have to complete the process again. The good news is that if you select the student & parent/guardian info from the dropdown on those respective pages, the information will autofill.

#### **What is the 'Physicals' Page?**

- This is where you will submit your EL2 physical form for clearance. The physical form can also be downloaded on the Medical History page should you need to access it later. Our school will accept a physical uploaded to this section without a hard copy submission, but if you wish to turn in the hard copy physical as well please drop it off in the athletic office on campus.

#### **What is 'Your Files'?**

- This area is meant to store your files so they can be accessed later in the year or perhaps years following. Files do not carry over year to year automatically. You will be asked to click on the files tab when creating a new clearance to carry over your EL2 (athletic physical), birth certificate, and ECG results each year for each clearance submitted.

#### **Why haven't I been cleared?**

- The MHS athletic department will review the information you have submitted before clearing you for participation. Once they review your clearance, they will update your status to either 'Cleared' or 'Denied'. You will receive an email when you have been either cleared for participation, or if you have been denied and requested to fix certain documents to re-upload. Please allow up to 48 hours for a staff member to review.

***I was “Denied” clearance, now what?***

- You should have received an email with the reason for denial. Please update your clearance accordingly then contact your school’s athletic department and ask them to review your information again.
  - **Sample Reasons for your profile being ‘Denied’:**
    - *“Missing FHSAA EL2: Please upload a picture or PDF copy of the completed FHSAA EL2 Physical Form”*
    - *“Wrong EL2: Per FHSAA policy, only the FHSAA EL2 forms are accepted for the sports physical”*
    - *“Missing parent and/or student signature on Page Four (4) of the FHSAA EL2 (Athletic Physical Form. Please sign your original form and re-upload to your Athletic Clearance profile”*
    - *“You are missing the completion certificates for the required three NFHS Videos: 1) Concussions, 2) Heat Related Illness, and 3) Sudden Cardiac Arrest. Please visit [NFHSLearn.com](http://NFHSLearn.com) to complete the short videos, and upload your completion certificates to your Athletic Clearance portal”*