

# ELECTROCARDIOGRAM (ECG) CLEARANCE

## Parent/Guardian Instructions:

An electrocardiogram (ECG) helps identify those who are at risk for sudden cardiac arrest or death. An ECG may assist in diagnosing several different heart conditions that contribute to sudden cardiac arrest. In accordance with School Board Policy 406.1, Flagler Schools requires each high school student wishing to participate in athletics, JROTC, marching band, or color guard to have one (1) ECG screening on file prior to participation. The ECG must be completed by a licensed physician, licensed physician assistant (PA), or certified advanced registered nurse practitioner (ARNP). All students will have to be cleared prior to participation.

Student Name: \_\_\_\_\_ Student ID #: \_\_\_\_\_ DOB: \_\_\_\_\_

\_\_\_\_\_  
Parent/Legal Guardian Name      Parent/Legal Guardian Signature      Date

☐ My child has completed an ECG through **Who We Play For** or **AdventHealth** within the past 365 days.

If so, you can stop here and submit the results from that organization along with the top portion of this form through Athletic Clearance by visiting [www.athleticclearance.com](http://www.athleticclearance.com). More information regarding Athletic Clearance can be found on your school's website under "Athletics or Activities".

## ECG's completed by a licensed physician, PA, or ARNP

**Physician Instructions:** This section is to be completed in full by an appropriate health care provider (AHCP) trained in the latest ECG interpretation guidelines. Any student who does not receive a "Normal" screening result must be cleared by a Cardiologist before being allowed to participate.

I hereby certify that an ECG was performed by myself or an individual under my direct supervision with the following conclusion:

☐ **NORMAL** : Low Risk/Cleared for Participation

_____ Name of Physician/PA/ARNP	_____ Physician/PA/ARNP Signature	_____ Date
Stamp of Physician Office: _____	Phone: _____	Date: _____
Address: _____	City: _____	Zip: _____

## Submission Instructions:

After receiving a "Normal" ECG reading or being cleared by a Cardiologist to participate, submit this form or written clearance from the Cardiologist through Athletic Clearance by visiting [www.athleticclearance.com](http://www.athleticclearance.com). More information regarding Athletic Clearance can be found on your school's website under "Athletics or Activities".