

Heart Screening Results

Dear Parent/Guardian of:

Date of Birth:

Date Screened:

Your child participated in our nonprofit heart screening program – thank you for participating! The heart screening included the American Heart Association’s screening questions and an electrocardiogram (EKG or ECG). An ECG is a snapshot of the heart’s electrical activity at a point in time. The AHA questionnaire combined with an ECG can help identify risk factors and heart conditions that may lead to sudden cardiac arrest (SCA) or death. SCA is the leading cause of death in sports and on school campuses, but it can be prevented through early detection and by being prepared in the event of a cardiac emergency.

A board-certified pediatric cardiologist volunteering with Who We Play For has reviewed the findings and recommends that you share this information with your child’s health care provider on their next visit. The ECG results for your child were found to be **NORMAL**. “Normal” means the findings of your child’s ECG were within normal range and that your child is considered low risk for heart problems. If your child has a heart screening as part of their preparticipation requirements, this ECG result clears your child for such a requirement. If you would like an electronic copy of your child’s ECG, please submit a request at www.whoweplayfor.org/results and please allow two weeks for your request to be processed.

If your child is currently under the care of a cardiologist for a pre-existing condition, you should follow the advice of that physician – this ECG will not overrule the advice of your child’s physician.

For school districts that require heart screenings, you must provide a copy of this email to the athletic department at your child’s school as part of their physical packet. Orange County Public School (OCPS) student athletes must upload a copy of this email as a part of the online physical packet, [here are instructions to help you upload](#).

According to the International Recommendations for ECG Screening in young athletes, **your child’s heart should be screened at least every other year.** Please continue to monitor your child’s heart health and contact their physician immediately if exhibiting any of the following warning signs and symptoms:

- **Fainting • Dizziness or lightheadedness • Chest pain or discomfort**
- **Unusual shortness of breath • Unusual fatigue or tiredness**
- **Racing heartbeat • Unexplained seizures**

Your family history is important and may also play a role in your child’s heart health. If you become aware of any of these in your family history, please seek out a physician’s advice:

- **Family history of heart disease**

- **Unexpected death during physical activity or seizure**
- **Unexplained death of a seemingly healthy family member under age 50**
- **Unexplained near/drowning or car accident of family member**

For [frequently asked questions](#) and to learn more about our program, please visit our [website](#). If you have any further questions, feel free to [contact us](#).
Thank you for participating in this very important heart screening!

