

FREQUENTLY ASKED QUESTIONS

What is the purpose of completing an ECG?

ECGs provide information about the heart's rhythm, the size and position of the heart chambers, and any potential abnormalities in the heart's electrical system. Early detection of such abnormalities, or other cardiovascular issues can lead to timely intervention, appropriate medical guidance, and potentially life-saving measures.

Why hasn't my child ever been required to provide an ECG to Flagler Schools before?

*In the fall of 2024, the Flagler County School board amended **School Board Policy 406.1** to include an ECG requirement for all high school students wanting to participate in athletics, JROTC, marching band, and color guard. This requirement takes effect on June 1, 2025.*

Is my child required to have an ECG every year like a sports physical?

No, students are only required to have one ECG on file during their high school career (must be on file prior to participating). Students can complete their ECG after May 1 of their 8th grade year.

What if my family cannot afford to get our child an ECG?

Flagler Schools has partnered with AdventHealth and Who We Play For to provide free ECG screenings to our families beginning in the Spring of 2025.

How much time will I have to produce a "Normal" ECG result to the school?

High school students will be required to have a "Normal" ECG or written clearance from a Cardiologist prior to participating in any athletic, JROTC, marching band, or color guard activity. Students enrolled in any of those classes during the school day will have 10 school days to submit a "Normal" ECG to the school or have a follow up visit with a Cardiologist scheduled. Students not meeting this timeline may need to have their schedule adjusted and placed into an alternative course/program.

How do I submit my child's "Normal" ECG result to the school?

Families can submit their "Normal" ECG results or written clearance from a Cardiologist through www.athleticclearance.com. This is the same website that parents of student athletes use to submit their annual sports physicals.

If my child receives an "abnormal" ECG result, requiring them to be cleared by a Cardiologist, would I be responsible for paying for that?

Yes, any additional medical expenses necessary for a student to be cleared to participate would be the responsibility of the family.

What steps will be taken by the school if a Cardiologist says my child is not cleared to participate due to a certain medical condition?

Schools will work with our families and their physicians on creating a Medical Care Plan to help ensure their safety. Our school counselors and nurses will assist in that process.

Are religious exemptions applicable for the school district's ECG policy?

Flagler Schools first priority is the safety and wellbeing of our students. If a family was seeking a religious exemption to receiving an ECG, we would work with that family to determine if there were other ways to collect the same information provided in an ECG.