



ATHLETICS OFFICE
951.672.2400 ext. 6102
www.sra.mn/athletics
27587 La Piedra Rd
Menifee, CA 92584

SRA HS ATHLETICS FAQ SHEET 2025-2026

What SPORTS are offered at SRA?

11-Man Football, Cross Country, Volleyball, Sideline Cheer, Basketball, Wrestling, Soccer, Baseball, Softball, Golf, Track and Field, Stunt

What SPORTS fall in what SEASON?

FALL (August - November)

- 11 Man Football, Cross Country, Girls Volleyball, Girls Golf, Sideline Cheer

WINTER (November - February)

- Boys/Girls Basketball, Boys/Girls Wrestling, Boys/Girls Soccer

SPRING (February - May)

- Baseball, Softball, Boys Golf, Track and Field, Stunt

What SECTION and LEAGUE do we affiliate with?

CIF - California Interscholastic Federation - www.cifss.org

CIF Section - CIF **Southern Section** (CIF-SS)

LEAGUE - Football = Cottonwood / All SRA Sports (excluding football) = South Valley League

What are the ELIGIBILITY REQUIREMENTS TO PARTICIPATE in extracurricular activities at SRA?

Enrollment

- Fully enrolled student at SRA (This includes **ANY** red, white, or blue track SRA student)

Academic (PRIORITY)

- Must meet a minimum of 2.5 GPA on grading periods
- No F grade status in any class
- Attendance must meet minimum of 96%

Disciplinary

- No current disciplinary action that impacts ability to participate in extracurricular activity.
(Please Note: Any suspension lasting longer activates a 30 day athletic sport participation suspension.)

IF A STUDENT ATHLETE IS INELIGIBLE, THEY MAY NO LONGER PRACTICE, TRAVEL, OR COMPETE WITH AN ATHLETIC TEAM UNTIL ELIGIBILITY REQUIREMENTS ARE IN GOOD STATUS.

Are you a TRANSFER STUDENT?

You will need to complete a CIF Transfer Form in order to receive eligibility clearance from CIF. You can obtain this form from your athletic office. Please speak to the athletic director regarding your transfer status to learn more about CIF regulations of high school transfers.

Athletic Clearance - Any student participating in an SRA athletic activity must be athletically cleared and have completed a clearance e profile on HomeCampus in order to participate.



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How do I get ATHLETIC CLEARANCE?

Go to homecampus.com and complete your profile and upload required documents digitally.

What DOCUMENTS are needed for athletic clearance?

- Valid Physical Evaluation signed by physician within one year
- Medical History Form
- Parent Signature and Authorization
- Athletic handbook Authorization

Where do I find the ATHLETIC HANDBOOK?

Received through HomeCampus. Additional handbooks available in the athletic office. Athletic Handbook Signature Agreement due to coach prior to first competition along with any team agreement.

Injury Clearance/Return to Play Protocol

If a student-athlete is injured and has to be evaluated by a physician, the physician must then approve the clearance for the student athlete to return to play once healthy enough to do so. There may also be a return to play protocol dispersed by the athletic office prior to the student-athlete returning to participation in sport.

Insurance for Injury - SRA is not responsible for injury suffered during sport participation. All participants are expected to have primary insurance which will cover any possible injury sustained during play.

Transportation - Transportation is to and from competitions that are not on campus are 100% the responsibility of the parent and/or participant.

More Than One Sport - Student Athletes should only participate in one sport per season.

Practice is **MANDATORY** - In order to be considered for playing time or even the chance to participate with your team at competitions, you must be present and punctual at **ALL** practices.

Quitting A Sport - If you choose to quit a post after its first competition, you are ineligible to join another team until the following year when the same season returns. This is a full one year suspension from SRA athletics.

More QUESTIONS?

Athletic Office - Room 6102

Athletic Assistant - Jennifer Lara - jlara@sra.mn - (951) 672 - 2400 ext 6502

Athletic Director - Elzie Gatson - egatson@sra.mn - (951) 672-2400 ext 6102