

Los Alamitos High School

Signing Day Guidelines



DO...	DO NOT...	THINGS TO REMEMBER
<ul style="list-style-type: none">• Wear appropriate apparel• Invite your coaches & Family• Plan on speaking for 30-60 seconds• Plan what your going to say• Remember to thank everyone• Bring ONE item to display on the table	<ul style="list-style-type: none">• Expect to participate in the event without a written offer of Athletics Aid• Go "Over the Top"• Be too brief or too long in your speech• "Wing It" and hope for the best• Forget your family, teammates, & coaches• Try to make a contest of your table decorations	<ul style="list-style-type: none">• Have guests park in the back parking lot• Event starts promptly at 12:45pm• There will be plenty of time for pictures after the event• Keep your poster & name placard• We DO NOT sign an official Athletic Agreement• Tag @losal_athletics