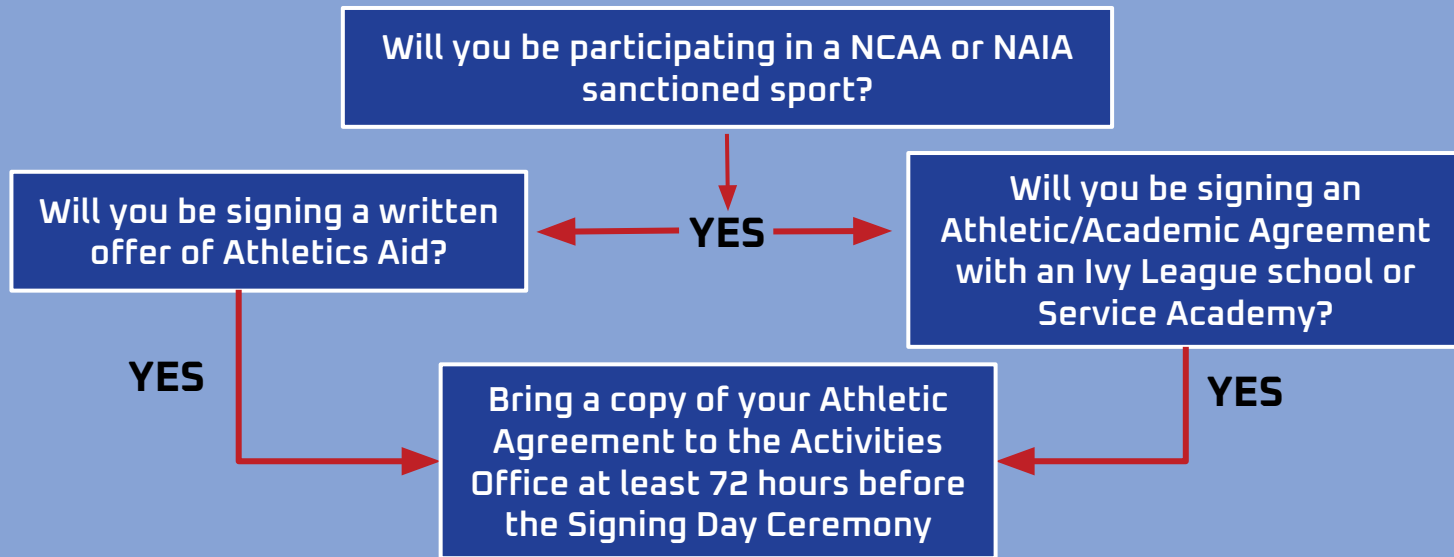


# Los Alamitos High School

## Signing Day Guidelines



DO...	DO NOT...	THINGS TO REMEMBER
<ul style="list-style-type: none"> <li>Wear appropriate apparel</li> <li>Invite your coaches &amp; Family</li> <li>Plan on speaking for 30-60 seconds</li> <li>Plan what your going to say</li> <li>Remember to thank everyone</li> <li>Bring ONE item to display on the table</li> </ul>	<ul style="list-style-type: none"> <li>Expect to participate in the event without a written offer of Athletics Aid</li> <li>Go "Over the Top"</li> <li>Be too brief or too long in your speech</li> <li>"Wing It" and hope for the best</li> <li>Forget your family, teammates, &amp; coaches</li> <li>Try to make a contest of your table decorations</li> </ul>	<ul style="list-style-type: none"> <li>Have guests park in the back parking lot</li> <li>Event starts promptly at 12:45pm</li> <li>There will be plenty of time for pictures after the event</li> <li>Keep your poster &amp; name placard</li> <li>We DO NOT sign an official Athletic Agreement</li> <li>Tag @losal_athletics</li> </ul>