

CALIFORNIA

ATHLETICS



Student-Athlete & Parent Handbook

2026-2027

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CSDR Athletic Handbook and Code of Conduct Acknowledgement

After a thorough review of the Handbook, parent(s)/guardian(s) and the student sign this form and return it to the Athletic Director.

Print Student's Name: _____

Grade: _____

We have read, understand, and will comply with the contents and expectations of the CSDR Athletic Handbook and CIF-SS Athletic Code of Conduct:

Signature of Parent/guardian: _____

Signature of Student: _____

Date: _____

In addition, parent(s)/guardian(s) initial each statement below:

During the school year, we take photographs of school activities involving students, and these photos may be published through our website, social media, pages, videos, and newsletters.

_____ I hereby allow the reproduction and publication of my child's photograph(s).

_____ I do not allow the reproduction and publication of my child's photograph(s).

_____ Medical Emergency Release: I hereby authorize CSDR staff to act for me according to their best judgment in any emergency requiring medical attention and I hereby waive and release CSDR from any liability for any injuries or illnesses incurred by my child while at CSDR.

_____ **Concussion Information:** I acknowledge that I have received and reviewed information regarding concussions in accordance with **California Education Code § 49475**. I understand the signs and symptoms of a concussion, the importance of reporting any suspected concussion immediately, and that a student-athlete who is suspected of sustaining a concussion must be removed from athletic activity and may not return until evaluated and cleared by a licensed health care provider as required by California law.

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PURPOSE

This Handbook provides pertinent information to and expectations of student athletes and families participating in the California School for the Deaf Athletic Programs.

Students are expected to read and become familiar with their content. Coaches, teachers, and administrators expect student-athletes to have knowledge of the contents of the Handbook and will refer to this Handbook whenever questions arise.

Parents are expected to discuss the contents of the Handbook with their children. A collective understanding of the rules and regulations that govern extracurricular activities will help reduce concerns and unforeseen problems.

Athletic Department Directory

Athletic Director

Keith Adams

e-mail: kadams@csdr-cde.ca.gov

VP: (951) 824-8080

Youth Athletic Coordinator

Craig VanWinkle

e-mail: cvanwinkle@csdr-cde.ca.gov

VP: (951) 824-8024

Administrative Assistant

Kam Clark

Email: kaclark@csdr-cde.ca.gov

VP: (951) 824-8103

Athletic Equipment Manager

Damian Spillner

e-mail: dspillner@csdr-cde.ca.gov

Athletic Program Profile

Mascot: Cub

Colors: Scarlet & Gray

High School League: California Interscholastic Federation – Southern Section (CIF-SS)

Sports Offered:

Fall Sports

- Co-ed Cheerleading
- Co-ed Cross Country
- Football
- Girls Volleyball
- Girls Flag Football

Winter Sports

- Co-ed Cheerleading
- Boys Basketball
- Girls Basketball
- Boys Wrestling
- Girls Wrestling

Spring Sports

- Softball
- Boys Volleyball
- Co-ed Track & Field

INTRODUCTION

Student-athletes/team members are expected to follow the California School for the Deaf-Riverside (CSDR) student-athlete handbook. The goal of these rules and regulations is to encourage athletic and academic achievement and build student character.

Failure to comply with expectations outlined in the student-athlete handbook can result in reduced playing time, suspension, or dismissal from the team upon agreement of the coaching staff, Athletic Director, and school administrator(s).

Coaches may establish consequences for minor infractions, such as inattention to directions, horseplay, tardiness to practice, etc., with the approval of the Athletic Director. The consequences pertaining to a particular sport must be explained fully by the coach to all team members at the start of the season.

Penalties for violation of team rules shall be administered by the coach.

PURPOSE OF CALIFORNIA INTERSCHOLASTIC FEDERATION – SOUTHERN SECTION (CIF-SS)

The purpose of CIF-SS is to organize, to stimulate, to encourage, and to promote the academic, athletic, and fine arts programs to foster a spirit of fair play, good fellowship, true sportsmanship, and wholesome competition for boys and girls.

ELIGIBILITY QUALIFICATIONS FOR COMPETITION

High School

Age Eligibility:

According to CIF policy, a student-athlete who becomes nineteen (19) before June 15th shall be ineligible for any interscholastic competition. A student-athlete who becomes 19 on or after September 1st shall remain eligible for the entire school year. For the sport of football, a player must be at least 14 years old.

Playing Eligibility:

To be eligible for athletics, one must follow the CSDR policies concerning incorrect and/or illegal enrollment and the rules and regulations of the CIF:

- Student-athlete is a full-time student
- Student athletes may play up to eight consecutive semesters, or four years, of sports after entering the ninth grade of a four-year high school. Student-athletes who never entered ninth grade, but were placed into tenth grade, may play three consecutive years from their first entry into tenth grade.

PRE-PARTICIPATION REQUIREMENTS

Each student-athlete/team and parents/guardian must complete, sign, and date for the Annual Athletic Pre-Participation Paperwork. The annual pre-participation paperwork and physical examination are required. The student-athlete shall submit the pre-participation paperwork and physical examination form attesting that he/she understands the risks of possible injuries while participating in sports and has been examined and found to be physically fit for athletic competition, to the athletic trainer prior to becoming a member of any athletic squad or team.

The Annual Athletic Pre-Participation Paperwork is good only for the current school year. The physical examination is good for one year from the date of the examination. The pre-participation of paperwork and physical examination cover all sports offered at CSDR.

If your child has a doctor, it is important for your child to visit his/her own doctor for the physical because the doctor knows your child and their medical history. This is especially important if your child has any prior medical conditions or is under doctor's care for any medical condition including asthma. If your child does not have a doctor, you should first find a doctor and then make an appointment with this doctor's office or clinic. It is best to have this appointment between June 6th and August 1st.

For children without a primary care physician or health insurance, there are walk-in clinics (or Urgent Care) available to have sports physicals. Cost ranges from \$40–\$50.

Students with cochlear implants, shunts, pacemakers, or any other medical device **MUST** be cleared to participate in athletics from the treating physician/specialist. The Activity Clearance for Students with Medical Conditions and/or Implanted Medical Devices form is good only for the current school year.

ACADEMIC REQUIREMENTS

Temporary Academic Probation (TAP)

There are established three-week time periods with deadlines for teachers to update gradebooks. When each three-week deadline arrives, the high school principals/education advisors review all students' GPAs. Each student who has a GPA of below 2.0 will be placed on TAP for a three-week period. This means that the student will not participate in any sports games, home or away. They may continue to practice and sit with the team during home games only. They cannot travel with the team to away games. There are two separate TAP periods. The first TAP period is during the first three-week period. The second TAP period is during the second three-week period. Students have up to six weeks to pull up their grades if they are on TAP. At any point during the time a student is on TAP, if his/her GPA reaches 2.0 or above,

he/she is responsible for informing the principal so that the principal can review the GPA and remove the student from TAP.

At the end of the first semester, second quarter/first semester grades are locked, and students start over with a blank slate for grades at the start of the third quarter/second semester. At that point, students on TAP cannot have their TAP status removed for the entire three-week period until the next grade book update deadline.

Academic Probation (AP)

- If the student continues to have a GPA below 2.0 after the second TAP period expires at the end of six weeks, they will be moved to AP.
- AP students are immediately removed from sports teams. After a three-week period, GPAs are reviewed again to determine whether the student is removed from AP or if further intervention regarding academic grades needs to be considered.
- While on AP, students cannot:
 - Play competitive sports games, including practice scrimmages
 - Participate in practices or home games.
 - Wear game uniforms or attend away games.
 - If a student athlete's GPA is below 2.0 twice during the same sports season, he/she will be put on AP and be permanently off the team, including the loss of any awards, recognitions, and team dinner.

MEDICAL RELEASE TO PLAY AGAIN

All injuries that occur while participating in athletics should be reported to the coach and athletic trainer. If a student-athlete is seen by a doctor, he/she must have a doctor's release before he/she can practice or compete in athletic contests.

PERSONAL APPEARANCE AND CONDUCT

Members of an athletics team are expected to be well-groomed and dressed appropriately at all practices and games. Jewellery may not be worn during practices or competitions. Student athletes/team members who do not dress appropriately for sports games must change and return in more appropriate clothes. This applies to all athletic-related events, including pep rallies and awards programs.

Student athletes and team members are expected to always represent the school in a positive and respectful manner. They must demonstrate appropriate conduct, good sportsmanship, and respect toward teammates, coaches, officials, opponents, staff, and spectators.

All student-athletes are required to follow school rules, team rules, and all applicable CIF regulations. Any behavior that violates school policies, team expectations, or CIF rules may result in disciplinary action, including suspension or removal from athletic participation, team activities, travel opportunities, awards, or other privileges.

SPORTSMANSHIP

During home contests, we serve as hosts to the visiting team, its students, spectators, and the officials. They are our guests, and they should be treated accordingly. At away contests, we are expected to act as invited guests. We should treat the home school's personnel and facilities with care and respect. As participants and spectators, we want to cheer for our team, not against the opponent, being modest in victory and gracious in defeat. Additionally, we should regard the rules of the game as an agreement, the spirit and letter of which we should not evade or break. Officials are to be treated with respect, and we should accept absolutely and without quarrel the final decision of any official.

Any member of the Cub community who is a participant or spectator at an event who uses profanity or engages in

inappropriate behavior, such as fighting or similar misconduct, will be dismissed from the event and is subject to disciplinary action by the school.

HAZING

Hazing is defined as an intentional, knowing, or reckless act by a person acting alone or acting with others that is directed against an individual and that the person knew or should have known endangers the physical health or safety of the individual, and that is done for the purpose of pledging, being initiated into, affiliating with, participating in, holding office in, or maintaining membership in any organization (e.g. student club, social group, or athletic team).

Hazing includes any of the following that is done for such a purpose:

- Physical brutality, such as whipping, beating, kicking, striking, branding, electronic shocking or placement of device or harmful substance on the body, or similar activity.
- Physical activity, such as sleep deprivation, exposure to the elements, confinement in a small space, or calisthenics that subjects the other person to an unreasonable risk of harm or that adversely affects the physical health or safety of the individual.
- Activity involving consumption of food, liquid, alcohol, liquor, drug, or other substance that subjects the individual to an unreasonable risk of harm or that adversely affects the physical health or safety of the individual.
- Activity that induces, causes, or requires an individual to perform a duty or task that involves the commission of a crime or an act of hazing.

A claim that the individual against whom the hazing was directed consented to or acquiesced in the hazing shall not be viewed as a mitigating factor or justification for hazing in any form. Violation subjects the person(s) to disciplinary action.

DRUGS, ALCOHOL, AND TOBACCO

Participation in athletics is considered a privilege. CSDR requires that all student-athletes representing their school in athletics remain drug-free, alcohol-free, and tobacco-free, while participating in sports during the school year. Members of an athletic team will refrain from the use of alcoholic beverages and controlled substances (drugs) of any kind.

Verified use, possession, sale or distribution alcohol/substance, tobacco abuse or mood-altering chemicals will result in discipline as designated and decided upon by the Head Coach, Athletic Director, and Assistant Superintendent. Members shall realize that the use of alcohol, drugs, or tobacco is detrimental to her/his health and performance and must agree not to use these substances while involved in high school athletics. Infractions are cumulative throughout the student's high school career.

The policies below apply to the use, possession, sale or furnishing of alcohol or drugs or tobacco on or after the date adopted by the CIF-SS for the first scrimmage allowed for that sport season.

First Offense:

- Loss of leadership position in athletic activities for the remainder of the school year.
- The athlete will be denied participation for a minimum of 20% in the regularly scheduled contests of the current sport season. This may include pre/post-season contests or be extended through the next sport season. The parent/guardian and athlete must meet with the Athletic Director to determine reinstatement.
- The athlete will have to make an appointment with the school counselor for counseling sessions. The athlete is responsible for providing documentation that the athlete completes all recommendations of the counselor.
- For tobacco, the denial of privilege may be reduced to 10% of the scheduled contests if the athlete participates in a tobacco intervention/education program with the school counselor. The Athletic Director and Administrator(s) may reinstate the athlete upon evidence of participation in the tobacco intervention/education program.

- The denial of the privilege to compete will begin with the last contest in which the athlete has been eligible to compete, or the date on which a violation of the substance abuse policy has been determined.
- If the athlete does not comply with the counselor's recommendations or does not make reasonable progress toward completion of counseling, the student will be denied participation in interscholastic athletics until such counseling has been completed.

Second Offense:

- Suspended from all athletics for a minimum of 8 weeks of the regularly scheduled and post-season of that current season if any, and the next season. Coaches at their discretion alongside the Athletic Director may allow the athlete to practice with the team.
- The athlete will have to make an appointment with the school counselor for further recommendations.
- The parent/guardian and athlete will be required to meet with the Principal, School Administrator, and AD to determine reinstatement.

Third Offense:

The athlete is permanently denied participation in athletics at CSDR.

Loss of all awards, honors, and recognition for the seasons affected will result from any of the above offenses.

EQUIPMENT AND UNIFORMS

Athletic equipment and uniforms are loaned to student-athletes/team members and signed out at the start of the season. Athletic equipment and uniforms are to be worn only during practice sessions and interscholastic contests, or with Athletic Department personnel permission. Student athletes must deposit their dirty and used practice and game uniforms in the laundry basket supplied in their locker room. If the athlete does not drop off their dirty and used uniforms in the basket immediately upon the completion of their practice/contest, they will not receive their clean uniforms in a timely manner. CSDR athletic teams may wear game tops or jerseys during school on certain game days only if approved by the Athletic Director.

All student athletes/team members will be required to return uniforms and gear (if any) to their coaches right after the season is finished. Theft, loss, or damage from abuse of any equipment, gear, or uniform is the student-athlete/team member's financial obligation. If gear and/or uniforms are not returned, replaced, or paid for, a letter of award shall not be awarded, nor will any gear or uniform be issued for the next sport.

PRACTICE AND GAME ATTENDANCE

Daily attendance is imperative to the basic development of individual skills and fundamentals, as well as a sound foundation for team discipline, unity, spirit, commitment, and loyalty. It is the obligation and responsibility of student-athletes/team members to attend all scheduled practices, meetings, special occasions, and games regularly and punctually.

All student-athletes/team members will be on time for all meetings, practices, trips, and any other scheduled events, unless he/she has notified the sponsor or coach beforehand. A student-athlete/team member who misses practice(s) or meeting(s), may receive reduced playing time. Unexcused absences will result in a loss of participation time or may lead to being terminated from the team.

However, we recognize that there may be extenuating circumstances where a student-athlete/team member may have a documented appointment (medical, court-ordered, etc.). Any absence that is considered an excused absence from the school day means that a student-athlete/team member may be eligible to play in an extracurricular activity (practice/game) if approval is obtained from both the MS/HS Principals and the Youth Athletic Coordinator and Athletic Director.

A student-athlete/team member absent from school (unexcused) for three consecutive days before the weekend's

athletic event means they will not be able to participate in that day's athletic event.

AAU/Travel Team Participation

Student-athletes who participate in AAU, club, travel, spring league, or other non-school athletic programs are expected to prioritize their commitments to their CSDR team during the official season of sport. Any student-athlete who misses a scheduled CSDR practice, meeting, or team activity to participate in an AAU, club, travel, or spring league event without prior approval from the head coach will be suspended from the next contest for one-half of the game.

Playoff Attendance Policy:

Any student-athlete who chooses to miss a playoff game without an approved excuse will be ineligible to receive end-of-the-year awards. Playoff games represent the highest level of team commitment and participation, and student-athletes are expected to honor their obligation to their teammates and program through the conclusion of the postseason.

ATHLETIC TRIPS (WEEKEND STAY)

Athletic travel:

- If a student athlete fails to maintain a 2.0 or above GPA by the day the teams travel, they will be ineligible to travel and participate in any athletic trips. If a student becomes ineligible to travel due to academic or disciplinary reasons, student and the parents/guardians will be responsible for covering the entire cost of student airline ticket.
- If a student-athlete/team member misses a school day (unexcused) on Monday after an out-of-town trip, they will not be allowed to play in the next game.
- Students absent from class for one day due to extracurricular travel will be required to turn in homework and non-exempt assignments the next day. When the school is involved in long-term activities like state tournaments, participating students must do assigned work on the trips. For these trips, students will have 2 school days to hand in their assignments upon their arrival back to school.
- If a student is injured during the athletic trip, coaches will ensure the student returns safely. If parents or guardians choose to bring the student home themselves, they will be responsible for all associated expenses.
- CSDR covers expenses for student participation in local and state-level competitions, as these are required. For example, when we travel to Catalina Island by ferry to compete against another school, the school is responsible for paying the ferry fare because the game is part of our CIF-SS schedule.
- In contrast, national tournaments such as Willigan, Spike-Out, and Clerc are optional and not required by CIF or even the school if we decide to opt out. Therefore, participation in these events is not covered in the same way.
- CSDR requires that all outstanding balances related to athletic travel be paid in full before a student-athlete is eligible to participate in future out-of-state travel opportunities. Families seeking financial assistance are expected to actively support the C Booster Club through volunteer service and fundraising activities, as these efforts help offset travel expenses and aid student-athletes with financial need. Each athletic program is expected to participate in fundraising activities throughout its season. Prior to any out-of-state travel associated with national tournaments or other non-required athletic events, the Athletics Department will notify parents and guardians of any outstanding balances. Students who do not satisfy their financial obligations by the established deadline may be ineligible to participate in the trip.

STAYING IN THE COTTAGE

Middle School and High School

It is considered a privilege for day students to stay in the cottage for various reasons. All day students are expected to always be at their best behavior.

Sign In/Out:

All student-athletes/team members regardless of if he/she is a day student or residential student are required to report to the cottage (sign in) first before going to the athletic facility(ies) after school. Day students shall be picked up from the cottage after practice/game. If a day student is to be picked up by the parent at a different location other than the cottage, communication must occur by the parent or student-athlete/team member to the cottage staff about their sign-out plan.

Staying in the cottage (overnight):

A day student can stay in the cottage overnight for only two reasons: when the team has an early departure (before 7:30am) and/or late arrival (after 11pm). If your child is not staying overnight with the team, please notify the Athletics office so we can communicate with the Residential Staff. Residential rules and bedtime schedules are expected to be followed. Any student not complying with the rules may be asked to leave and be picked up.

TRANSPORTATION

When transportation to away competitions is provided by the school, student athletes are expected to ride to and from the event on school-provided transportation. However, under special circumstances, exceptions may be made to allow student-athletes to be transported from the event by their parents/guardians or other specified adults. If a student-athlete/team member wants to ride with another adult/parent/guardian after the game, a text or email from the student-athlete's parents is required and must notify the coach. If a student-athlete/team member joins his/her parent(s) right after the game, verbal communication between coach and parent is required prior to the student-athlete leaving the event.

- If a student athlete misses a road trip with the team and coaches, he/she will not be allowed to play at all during that event.
- If a game/tournament occurs on a weekend (Friday/Saturday) or during a school break period, the student-athlete may meet the team at the site of the competition. Coaches must be informed at least one day in advance if the student-athlete will not be using school-provided transportation.

COMMITMENT TO ATHLETIC PARTICIPATION

A student athlete/team member can play two sports during the same season. After the first two weeks of the sport season, he/she is expected to stay on that team(s) until the season is finished.

A student-athlete/team member cut from one sport may try out for another sport provided they were not informally dismissed from the first sport for disciplinary reasons or quit. After the grace period, if a student-athlete/team member decides to quit or is informally dismissed, he/she is ineligible for any sport during that season which has already begun. Sports with tryouts do not follow the two-week grace period. Once an official tryout date is posted, a student-athlete has one week from that date to leave the team. If a student-athlete is still playing in the previous sport due to playoff continuation, his/her one-week grace period begins on the date of the first mandatory practice day.

If the student-athlete/team member is dismissed from the team, he/she will lose his/her privileges of joining any sport the following season.

For the student-athlete/team member to be dismissed from the team, he/she must go through the following procedure:

- Formal meeting with the Coaching Staff to discuss reasons for possible dismissal.
- Formal meeting with the Youth Athletic Coordinator and Athletic Director to discuss reasons for possible dismissal, including communication to parents and/or dormitory staff.
- Formal dismissal from the sport and ineligibility for participating in any sports of the following season, at the coach's discretion with Youth Athletic Coordinator and Athletic Director's approval.

On occasion, however, a student-athlete/team member may find it necessary to drop out of sport for a good reason. The following procedure must be followed:

- Discuss issues with your coach and get written approval before you leave the sport.
- Report your situation to the Youth Sports Coordinator and Athletic Director.
- Coaches shall notify the student-athlete/team member's parents.
- Return all gears and uniforms issued to Athletic Equipment Manager.

If the student-athlete/team member fails to follow these steps, he/she will lose his/her privileges of joining any sport the following season.

Fundraising:

If you are part of a sports team, you need to contribute to the organization's health by participating in fundraisers. If you aren't temperamentally suited to selling products or food items such as cinnamon rolls or popcorn, etc., you can request donations or provide your own support to the fundraising program.

DUAL SPORT POLICY

CSDR seeks to provide quality athletic opportunities for our students. Some students have talents and abilities, which they want to contribute to more than one team in a particular athletic season, and both can benefit. Some activities may struggle with low numbers, and this can boost participation in those sports.

Students should carefully examine the time commitment and schedules of sports to avoid major conflicts that would result in a negative impact on others or themselves by participation.

Students can participate in two sports (one team and one individual or 2 individual) during the same season. Students wishing to participate in two sports during the same season will need to obtain a dual sport policy form from the youth athletic coordinator and athletic director and follow the guidelines set down by the athletic department involving dual sport participation.

If a student competing in dual sports has a GPA below 2.0 and is placed on TAP for the three-week period, the student will drop one sport immediately after being placed on TAP. When the student comes off the TAP, that student will not be eligible to participate in dual sports but can continue with one sport. If there are any academic concerns at any time during the sport season, the Youth Athletic Coordinator and Athletic Director may cancel the student's request for dual sports.

If a student is disciplined for any infraction in a specific sport, the consequence will also be applied to the second sport in the season of dual participation.

LOCKER ROOM AND FACILITIES

It is student-athletes/team members' responsibility to take good care of the locker room and facilities and to respect their own and other student-athletes/team members' belongings. Graffiti or putting tape or sticker on the locker is not permitted. Horseplay and throwing towels or other objects are not allowed in the locker room. Phones and tablets are not allowed in the locker room. All showers must be turned off after showering, and no glass containers are permitted in locker rooms. Equipment, gear, and uniforms must be removed from the lockers at the conclusion of each sports season. Items left behind will be disposed of.

The Athletic Department is not responsible for any missing valuables, money, or personal stuff. It is **STRONGLY** recommended that you put your valuable things, money, or personal stuff in the locker with a combination lock that is purchased by you.

CELL PHONE USE

Cell phones and other mobile devices with recording capabilities, including voice recording, still cameras, and video cameras, are not permitted to be used in the locker rooms. Due to the possibility of taking a picture in the locker room, any student seen with a camera phone, iPad, video equipment or camera will have the device immediately confiscated and turned into administration.

WEIGHT ROOM

Student-athletes/team members must participate in strength and conditioning training their bodies at least twice a week with a strength and conditioning coach's supervision. All team members must wear proper attire and work with a partner. Focus is critical, so no horseplay, socializing, or laziness will be tolerated. When finished, all weights must be racked, and areas are cleaned.

If a student athlete does not show up or misses a workout twice a week, the coach and Athletic Director will discuss potential consequences.

First offense:

Suspension from participation during the first half of the next game/match.

Second offense:

Suspension from participation in one full game/match.

CLOSED PRACTICE POLICY

Practices, considered valuable instructional time, are closed to all parties except coaches, players, the athletic director, administrators and invited or previously approved guests. Guests must receive permission from the coach or Athletic Director in advance (preferably 24 hours in advance). Guests are expected to refrain from disrupting practice (instructional) sessions, including conversing with the coach or players.

EARLY DEPARTURE FROM CLASS

Student-athletes/team members are responsible for planning with teachers to make up class work and assignments. They are not to use athletic events as an excuse for not completing assignments or not doing quality work.

SCHOOL POSITIVE BEHAVIOR INTERVENTIONS & SUPPORTS / ON CAMPUS SUSPENSION

Middle School and High School Athletics

California School for the Deaf Riverside is committed to excellence in athletics as part of a larger commitment to excellence in education. The guiding principle of CSDR Athletics is our belief in its educational value for our students. Interscholastic athletics promotes character traits of high value that carry over into producing people who will be positive contributors to their community and their country throughout their lives by implementing these PBIS principles; athletic teams can create a positive and supportive environment where students can thrive both on and off the field.

Establishing clear expectations:

Coaches can clearly define what constitutes positive behavior on the field, emphasizing respect, teamwork, and sportsmanship.

Teaching and reinforcing positive behaviors:

Teams can learn and practice positive behaviors through drills, team meetings, and modeling these behaviors.

Using positive reinforcement:

Acknowledging and rewarding positive behaviors through verbal praise, team recognition, or other incentives can motivate students to maintain these behaviors.

Providing ongoing support:

Just like in the classroom, PBIS in athletics provides a continuum of support, from general expectations to targeted interventions for students who need more individualized support.

If a student violates one of the infractions, this can result in loss of privileges.

If a student is placed in On Campus Suspension (OCS) on that day, he/she will not be allowed to participate in any extracurricular activities (including athletic games). The student can still participate in athletic practices during OCS assignments. This also applies to weekend events if he/she has not completed his/her OCS assignment.

AWAY GAMES/TOURNAMENTS

The following guidelines/criteria will be shared with all team members at the beginning of each sporting program, as follows:

The host school sets out the number of coaches, players and managers a team can bring on tournament trips. If the Host school sets a specific number of individuals, coaches will select those who have shown the following criteria (not in any order):

- Commitment/Dedication/Attendance
- Camaraderie/Team Player
- Follows Team Rules
- On Court/Field Performance
- Good Academic Performance

Other unique situations/circumstances may affect the coach's final selection.

TRAVEL MISCONDUCT POLICY

When CSDR student-athletes travel to competitions hosted by another school or facility, they are representing CSDR and are subject to both CSDR's standards of conduct and the rules of the host school or venue. Misconduct at a host site reflects negatively on our entire program and will not be tolerated.

Host School Removal Authority

A host school or tournament organizer has the right to remove a CSDR student-athlete from their campus or facility for violations of their code of conduct. If a student-athlete is removed or expelled from a host site due to a behavioral incident, the following consequences apply immediately:

Offense A – Serious Misconduct (e.g., fighting, theft, destruction of property, using illegal drugs or alcohol, threatening behavior, or any conduct resulting in immediate removal by host school officials):

- The student-athlete is immediately removed from all remaining competitions at that event.
- Parents/guardians will be contacted immediately by the coach and/or Athletic Director.
- Parents/guardians are fully responsible for all transportation costs to return to the student's home, including but not limited to airfare, ground transportation, hotel, and any other associated expenses. CSDR will not cover these costs.
- The student-athlete will be suspended from the next two (2) scheduled games/competitions upon return.
- A formal disciplinary meeting with the student-athlete, parent/guardian, coach, Athletic Director, and school administrator will be required before the student-athlete may return to any athletic participation.
- Depending on the severity of the incident, additional school-level disciplinary action may apply.

Offense B – Moderate Misconduct (e.g., disrespect toward host school staff, unsportsmanlike behavior, violation of host school facility rules resulting in a warning or request to leave):

- The student-athlete will be benched for the remainder of that day's competition.
- Parents/guardians will be notified by the coach.
- If the host school requests the student-athlete to leave the premises, parents/guardians are responsible for arranging and covering all transportation costs to bring the student home. CSDR assumes no financial responsibility in this circumstance.
- The student-athlete will be suspended from the next scheduled game/competition upon return.
- A meeting with the student-athlete, coach, and Athletic Director will be required before the student-athlete resumes full participation.

Financial Responsibility Clause

In all cases where a student-athlete is removed from a host school's campus due to an Offense A or Offense B incident, parents/guardians assume full financial responsibility for:

- Return airfare or ground transportation costs
- Any hotel or lodging costs if an earlier return requires an overnight stay
- Any fees charged by the host school or facility related to the incident

CSDR will not reimburse any costs associated with early return due to misconduct. Parents/guardians will be required to sign an acknowledgment of this policy as part of the annual pre-participation paperwork.

General Conduct Expectations at Host Sites

All student-athletes are expected to:

- Treat host school staff, officials, and facilities with full respect
- Follow all posted rules and directions from host school personnel
- Remain with the team and coaching staff unless otherwise approved
- Report any issues or concerns to the CSDR coaching staff immediately

Coaches, the Youth Athletic Coordinator, and the Athletic Director reserve the right to make final decisions regarding consequences based on the specific circumstances of each incident. Repeated or escalating misconduct during travel may result in suspension from all future away travel for the remainder of the season.

PARENT/COACH COMMUNICATION GUIDELINES

This guide is intended to foster good communication between parents and coaches and help parents understand the channels available to them to discuss athletic issues concerning their students.

Communication to Expect from the Coaches

- Expectations
- Location & Times (practices and games)
- Requirements (fees, equipment, etc.)
- Injury/Medical Issue Procedures
- Discipline

Communication Coaches Expect from Parents/Guardians

- Illness/Injury Issues
- Concerns
- Notification of Schedule Conflicts well in advance

Appropriate Concerns to Discuss with Coaches

- Treatment of your child mentally & physically
- Ways to help your child improve
- Your child's behavior

Issues That Are Not Appropriate to Discuss with Coaches

- Playing time
- Team strategy
- Play calling & game strategy
- Other student-athletes

Procedures to Use in Discussing Concerns with a Coach

When you desire to discuss a concern or question with the coach, please be sensitive to the coach's responsibilities. Follow these simple procedures to arrange a conference:

- Email to set up an appointment
- If you cannot reach the coach, contact the Youth Athletic Coordinator and Athletic Director to request a meeting to be arranged.

24-hour cool down period: Please do not confront a coach before or after a contest or practice. The coach has responsibilities for the entire team at these times. In addition, these times may often be emotional for coaches, athletes, and parents, and therefore are rarely conducive to the positive resolution of concerns.

The Next Step: What can a parent do if the meeting with the coach did not provide a satisfactory resolution?

- Email and set up an appointment with the Youth Athletic Coordinator and Athletic Director to discuss the situation further for yourself, your child, the coach, and Youth Athletic Coordinator and the Athletic Director.

At this meeting, further appropriate steps can be discussed and determined.

PARENT CODE OF CONDUCT/CHILD SUPERVISION

- Be a positive role model and set a positive example for others through your conduct at sporting events. Remember that your actions reflect on the school.

- Be a positive supporter of your child and their teammates.
- Respect your child's coach – communicate with them in a positive way and encourage others to do the same.
- Set realistic goals for your child's athletic participation and help your child do the same.
- Emphasize improved performance and skill attainment rather than winning.
- Keep your priorities in order – there is much more at stake in a contest than a win or a loss.
- Do not condition your interest in your child's athletic participation in winning.
- Do not undermine the coach. If you have questions or concerns, address them with the coach at an established time.
- Maintain open lines of communication with the coach.

Parents who violate this Code of Conduct while attending a California School for the Deaf-Riverside athletic event, home or away, may be subject to disciplinary action by authorized game or school officials, including but not limited to the following in any order or combination:

Verbal or written warning; Suspension or immediate ejection from a sports event; and/or Season suspension or multiple season suspension.

Child Supervision

- If kids under 12 are left unsupervised by their parents, they and their parents will receive a warning. The second time their child is seen unsupervised, the parents and child will have their game attendance privileges taken away and asked to leave campus.
- If the behavior continues, we will impose no fans except family policy for one game (i.e. a meeting with Athletic Director).

Assistant Superintendent, The Director of Student Life, Youth Athletic Coordinator, Athletic Director, and Principals reserve the right to amend any portion of this handbook as deemed necessary.

FUNDRAISING POLICY (C BOOSTER CLUB)

Each sports team is required to do at least one fundraiser per season. Student-athletes' parents are required to be involved with the C-Booster Club during the season their children participate in. Parents/guardians are required to volunteer a minimum of 8 hours per season. Volunteer hours may be fulfilled through attending fundraisers, assisting with team events, or other approved activities.

Airfare Policy:

Parents/guardians must have airfare tickets paid in full no later than 8 days before the departure date. For this school year, CSDR Athletics and/or the C-Booster Club will cover up to 25% of airfare costs depending on available funding. Please note that the school's contribution may vary based on remaining funds, and in some cases parents/guardians may be required to pay the full cost of airfare. Parents will be notified in advance of the final payment breakdown for each travel event.

COMMUNICATION/CHAIN OF COMMAND

The CSDR Athletic Department follows a prescribed chain of command when addressing players and/or parent concerns about athletics. This form ensures that the chain of command is followed, and that information about concerns is consistently shared appropriately.

- If a student-athlete and/or parent has a concern, they must contact the coach of the team first.
- If the matter has not been resolved or the party involved feels unsatisfied with the outcome, the Youth Athletic Coordinator and Athletic Director should be contacted next.

- If the issue reaches a point where the party involved wishes to file a grievance or appeal, the student-athlete and/or parent must work with the Youth Sports Coordinator and Athletic Director.

The final person in line with the chain of command is the Director of Student Life and Assistant Superintendent if any involved party is still not satisfied with the Youth Athletic Coordinator and Athletic Director's decision.

SEX-BASED HARASSMENT

California School for the Deaf is committed to maintaining a working and learning environment that is free from sex-based harassment. Sex-Based harassment of or by employees or students, or persons doing business for CSD Riverside is a form of sex discrimination in that it constitutes differential treatment on the basis of sex, sexual orientation, or gender identity, pregnancy/related conditions, parental status and, for that reason, is a violation of state and federal laws and a violation of this policy.

CSD Riverside considers sex-based harassment to be a major offense which can result in disciplinary action to the offending employee or the suspension or expulsion of the offending student in grades four through twelve. Suspension or expulsion as a disciplinary consequence for sex-based harassment shall not apply to students enrolled in kindergarten and grades one through three. However, students enrolled in kindergarten and grades one through three may be subject to other disciplinary actions.

Any student or employee of the CSD Riverside who believes that she or he has been a victim of sex-based harassment shall bring the problem to the attention of the site administrator or Title IX Complaint Coordinator so that appropriate action may be taken to resolve the problem. CSD Riverside prohibits retaliatory behavior against anyone who files a sex-based harassment complaint or any participant in the complaint investigation process. Complaints will be promptly investigated in a way that respects the privacy of the parties concerned.

California Education Code Section 212.5 defines sex-based harassment as any unwelcome sexual advances, requests for sexual favors, and other verbal, visual, or physical conduct of a sexual nature made by someone from or in the work or educational setting, under any of the following conditions:

- Submission to the conduct is explicitly or implicitly made in a term or a condition of an individual's employment, academic status, or progress.
- Submission to, or rejection of, the conduct by the individual is used as the basis of employment or academic decisions affecting the individual.
- The conduct has the purpose or effect of having a negative impact upon the individual's work or academic performance, or of creating an intimidating, hostile, or offensive work or educational environment.
- Submission to, or rejection of, the conduct by the individual is used as the basis for any decision affecting the individual regarding benefits and services, honors, programs, or activities available at or through the educational institution.

Sex-based harassment may include, but is not limited to:

- Unwelcome verbal conduct such as suggestive, derogatory or vulgar comments, sexual innuendos, slurs, or unwanted sexual advances, invitations, or comments; pestering for dates; making threats; and/or spreading rumors about or rating others as to sexual activity or performance.
- Unwelcome visual conduct such as displays of sexually suggestive objects, pictures, posters, written material, cartoons, or drawings; graffiti of a sexual nature; and/or use of obscene gestures or leering.
- Unwelcome physical conduct such as unwanted touching, pinching, kissing, patting, hugging, blocking of normal movement, assault; and/or interference with work or study directed at an individual because of the individual's sex, sexual orientation, or gender.
- Threats and demands or pressure to submit to sexual requests to keep a job or academic standing or to avoid other loss and offers of benefits in return for sexual favors.

Summary of the Rights of Pupils and/or the Public (Including Employees) (Education Code Section 221.8)

- You have the right to fair and equitable treatment, and you shall not be discriminated against based on your sex.
- You have the right to be provided with an equitable opportunity to participate in all academic extracurricular activities, including athletics.
- You have the right to ask the athletic director of your school about the athletic opportunities offered by the school. You have the right to apply for athletic scholarships.
- You have the right to receive equitable treatment and benefits in the provision of all of the following:
 - Equipment and supplies
 - Scheduling of games and practices
 - Transportation and daily allowances
 - Access to tutoring
 - Coaching
 - Locker rooms
 - Practice and competitive facilities
 - Medical and training facilities and services
 - Publicity
- You have the right to have access to a gender equity coordinator to answer questions regarding gender equity laws.
- You have the right to contact the State Department of Education and the California Interscholastic Federation to access information on gender equity laws.
- You have the right to file a confidential discrimination complaint with the United States Office for Civil Rights or the State Department of Education if you believe you have been discriminated against or if you believe you have received unequal treatment on the basis of your sex.
- You have the right to pursue civil remedies if you have been discriminated against.
- You have the right to be protected against retaliation if you file a discrimination complaint.

The School's Responsibilities

Title IX of the Education Amendments of 1972 prohibits discrimination based on sex within federally funded education institutions. Thus, all educational programs and activities must be operated free from discrimination. Key areas addressed by Title IX include recruitment, admissions, counseling; financial assistance; athletics; sex-based harassment and violence; treatment of pregnant and parenting students; discipline; off-campus activities, single-sex education; and employment. Education institutions must protect against discrimination in these areas. Also, a recipient may not retaliate against any person for opposing an educational practice or policy made unlawful under Title IX, filing a complaint under Title IX, or testifying or participating in any complaint action under Title IX. These protections apply to all applicants for admission and employment, students and parents or guardians of elementary and secondary school students, and employees.

To obtain specific rules and procedures for reporting charges of sexual harassment and for pursuing available remedies, contact:

California Department of Education Title IX Coordinator Randi Thompson, EEO Officer Office of Equal Opportunity Director Equity, Civil Rights, Title IX, ADA/504, MOA Coordinator	California School for the Deaf, Riverside's Title IX Coordinator: Teresa Maxwell, Asst Supt 3044 Horace St. Riverside, CA 92506 951-824-8020 (VRS/VP/Español)
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