



ATHLETIC CLEARANCE INSTRUCTIONS

1. Visit **WWW.ATHLETICCLEARANCE.COM** If you already have a physical completed on another form, we request you print and complete the Preparticipation Physical Evaluation History Form Both the Physical form and the Preparticipation Physical Evaluation History Form can be found on the Don Lugo website, under the Athletics page.
2. **Registration:** Parent must register with a valid email username and password. You will be asked to insert a code to verify you are not a robot. You must not skip this step; account will not activate if you do.
3. Select "New Clearance" to start the process
4. Choose the appropriate school year in which the student plans to participate. Choose the school your student attends and will compete for and the sport.
5. Complete all required fields with your student's information, you must complete Educational History, Medical History, and the signature form.
6. Once you reach the **CONFIRMATION MESSAGE** you have completed the process.
7. If your student plans to participate in more than one sport, there is a section right below your confirmation message where you can select multiple sports.

***FINAL STEP: Print the consent to participate page** Your student must take the CONSENT to PARTICIPATE (once signed by you and your student) and PHYSICAL FORM (once completed by a Physician) to **Kim Hansen our athletic trainer. The athletic trainer's office is open afterschool and is located in the hallway near the boys' locker room. Please allow 24 hours to process the paperwork and clear athlete on Home Campus.**

8. When your student has been CLEARED for PARTICIPATION, you will receive a confirmation email.
9. If you choose to add another sport at this time, most of your student's information you entered will be retained in the system so to register for an additional sport, select NEW CLEARANCE - enter the year, school, and sport. Most of your information will auto fill.

All Athletes must be CLEARED to PARTICIPATE prior to trying out or participating in any sporting activity. All Physical's must be dated after **May 1st** for the upcoming year. A new Physical is required each school year.

The athletic trainer's office is open afterschool and is located in the hallway near the boys' locker room.

Questions: Please contact Kim Hansen Athletic Trainer for Don Lugo High school

(909) 591-3902 Ex: 4280 Kim_hansen@chino.k12.ca.us